#### **Core Autism Skills**

#### **Social Communication and Understanding**

Interacting with others and forming friendships

Making requests

Making and communicating choices

Expressing own emotions

Understanding the emotions of others

Understanding and following instructions

Understanding how to keep ourselves safe

Participating in shared activities

Share space and resources with others

Following social rules

## Flexibility of Thought and Behaviour

Identifying a problem and asking for help

**Understanding routines** 

Understanding and accepting a change will happen

Accepting and enjoying new experiences

Organising self and own belongings

Understanding sequences and chronology

Using equipment appropriate to it's function

Accept an activity or favoured item has finished

Persisting with tasks

Expanding interests and building on existing interests.

Accepting variety

### **Curriculum Elements for Life and Learning - Overview**

## Communication, Language and Literacy

- Understanding abstract communication symbols/ text
- Understanding a narrative
- Developing communication via the written word (expressive communication)
- Using own communication mode in a range of settings
- Developing reading skills (receptive communication)

#### Personal, Social and Emotional Development

- Play and leisure skills
- Developing skills for personal care and independence
- Accessing the community
- Sex, relationships and citizenship
- Health and healthy lifestyles

# Community and the Wider World

- Using and applying mathematical knowledge
- Functional and safe use of ICT
- Understanding the world around us
- Understanding the use and function of objects and materials
- Developing understanding of beliefs and cultures

## Physical and Sensory Development

- Sensory exploration and understanding
- Understanding and managing own sensory needs
- Gross motor development
- Fine motor development
- Development of physical fitness

#### **Expressive Arts**

- Self expression
- Use of a range of creative media
- Develop role play and understanding of social situations
- Develop understanding of performance
- Participate in and develop skills for group activity

# Communication, Language and Literacy - Progression

| Foundation Stage and Key Stage 1 Communication, Language and Literacy | Key Stage 2 and 3 Communication, Language and Literacy         | Key Stage 4 and 5 Communication and Functional English   |
|-----------------------------------------------------------------------|----------------------------------------------------------------|----------------------------------------------------------|
| Understanding abstract communication symbols/ text                    | Gain information from print, symbol or objects                 | Find information from a range of sources                 |
| Developing understanding of rhyme and sequence in songs and stories   | Understanding and building a narrative                         | Make choices and sequence of choices                     |
| Express self through facial expression and interactions               | Express self in more abstract way e.g. symbols, text, gestures | Use symbol, text or sign to express views or preferences |
| Develop own communication mode                                        | Using own communication mode in a range of settings            | Apply reading skills in wider community                  |
| Give attention and understand directions                              | Follow instructions and sequences of instructions              | Using vocabulary suitable to social situation            |

# Personal, Emotional and Social Development - Progression

| Foundation Stage and Key Stage 1 Personal, Social, Emotional Development | Key Stage 2 and 3 Personal, Social, Health and Emotional        | Key Stage 4 and 5 Independent Living Skills      |
|--------------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------|
| Play Skills                                                              | Skills to enjoy leisure time                                    | Skills for leisure and community access          |
| Understand how to develop new interests                                  | Understand how to relax and enjoy a range of activities         | Understand how to be happy and self-<br>regulate |
| Personal care and independence                                           | Personal care and independent living                            | Personal care and independent living             |
| Healthy eating and exercise                                              | Health, sex and relationships, drugs misuse and internet safety | Healthy lifestyle choices and internet safety    |
| People and their roles in the community                                  | Places in the community                                         | Using community facilities                       |

# Community and the Wider World - Progression

| Foundation Stage and Key Stage 1 Knowledge and Understanding of the World    | Key Stage 2 and 3 Community and the Wider World                                | Key Stage 4 and 5<br>Vocational learning                     |
|------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------------|
| Mathematical knowledge and understanding                                     | Using and applying mathematical skills                                         | Applying mathematical knowledge to range of settings         |
| Understanding of cause and effect                                            | Using ICT to access communication and information                              | Functional ICT for daily living                              |
| Understanding the immediate environment and living things in the environment | Understanding the local environment and living things in the wider environment | Engaging with local community facilities                     |
| Understanding the properties and functions of everyday objects and materials | Exploring and using a range of materials and objects                           | Understanding objects and materials in the wider environment |
| Develop understanding of beliefs and cultures                                | Develop understanding of beliefs and cultures                                  | Develop understanding of beliefs and cultures                |

# **Physical And Sensory Development - Progression**

| Foundation Stage and Key Stage 1 Physical and Sensory Development | Key Stage 2 and 3 Physical and Sensory Development              | Key Stage 4 and 5 Health and Fitness                         |
|-------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------|
| Explore a range of activities using all senses                    | Understand the function of senses and use them in everyday life | Use senses to engage with the wider environment              |
| Accept support to meet sensory needs                              | Make a choice of sensory activities                             | Manage own sensory needs                                     |
| Engage with gross motor activities                                | Choose and participate in gross motor activities                | Use gross motor skills to access activities in the community |
| Engage with fine motor activities                                 | Choose and participate in fine motor activities                 | Use fine motor skills to promote independent living          |
| Collaborate with another person in physical activity              | Engage in fitness raising activity                              | Makes choices of sporting or fitness activity                |

#### **Expressive Arts - Progression** Foundation Stage and Key Stage 1 Key Stage 2 and 3 **Key Stage 4 and 5 Expressive Arts Expressive Arts Expressive Arts** Express self Express choices of concrete items Express preferences Engage with a range of tactile, creative Use creative media to contribute to a Make choices in creative media finished product media Develop role play skills Develop understanding of situations Develop understanding of situations through through role play, social stories or role play, social stories or sequences sequences Perform for others Develop attention and listening skills Observe and engage with performance

Participate in activity as part of a group

Include others in activity

Understand being part of a group